

Geriatrics 10 Preoperative care for surgical patients

Improvements in surgical outcomes associated with advances in medical technology have contributed to a wider range of surgical indications for older adults. On the other hand, the expanded diversity of older adults in a super-aged society makes it difficult to predict postoperative complications and prognosis of surgery solely by whether organ function is intact or not. Therefore, preoperative assessment of the specificities of older adults such as physical and psycho-psychological or social background, is necessary, and perioperative interventions based on these assessments might improve prognosis. In this symposium, we discuss the usefulness and application of various preoperative functional assessments for older adults, based on the latest findings.